



Small Group Time:

Talking through the message during the week helps you and your group turn what God is saying to you into action steps. Begin with key questions, add any optional Scriptures and questions if needed, and then wrap up by deciding on your next steps.

Main Idea:

We all deal with fear. It's become such a natural part of our life. We fear that sickness. We fear the unknown. We fear the things we cannot control. We fear failure. We fear losing. So many aspects of our lives have made us FEARFUL. But what if God's intention was for us to a little more FEARLESS? What if God's intention was for us to keep pushing forward and to not quit in spite of our feelings of nervousness and uncertainty?

Key Questions:

1. Have you ever been stuck in a tight place? Did it bring about fear or anxiety? Tell the story.
2. What are some areas of your life that bring on the most amount of worry or anxiety?
3. Has your worry & anxiety made you averse to risk – you stop taking chances because it makes you too anxious or you're sure it's not going to work out? Why is this dangerous?
4. Read **Joshua 3:7-8 & 14-15**. What were the 2 commands that God gave Joshua for the priests? What made these commands even more fearful? Why does it always feel so impossible to stand in the anxious places of our lives?
5. Read **Joshua 3:15-16**. Ben talked about us seeing the real picture of this story – it isn't the same as Moses & the Red Sea. God stopped the water 30 miles upstream. Why is this significant? What truth does this speak into our lives about trust & patience?
6. In order to ATTACK ANXIETY, we must go on the offensive. Instead of allowing anxiety to happen, we can do some things to keep it from happening. Ben outlines 4 things that we need to repeat & remind ourselves of each day and in the places where we feel anxious. (1) God is working... (2) God has a plan for me... (3) God stands with me... (4) Anxiety always starts with lies. How can you remember these 4 truths every day?
7. Ben said, "Don't let Satan plant doubt where God is trying to grow your destiny." What is a lie that Satan keeps repeating to you that is getting in the way of God's plan for you?

Next Steps:

- What's one thing you will do this week as a result of something you learned from this message?